



TREASURE VALLEY
FAMILY YMCA

SPOT

THE TYPES OF CHILD ABUSE

Protecting our children is everyone's responsibility. Knowing the types of child abuse can help us identify it.

The Centers for Disease Control and Prevention (CDC) identifies the four types of child abuse as neglect, physical abuse, sexual abuse and emotional abuse. Bullying is also identified as a type of abuse by some organizations. Signs and symptoms may include:

Neglect

- In need of adequate medical or dental care
- Lack sufficient food or clothing
- Social withdraw and poor concentration
- Frequent school absences
- Behind in overall growth
- Poor hygiene

Physical Abuse

- Possesses bruises, cuts, and other injuries
- May blame an injury on a sibling
- Their explanation of the injury may not match the injury itself
- Constantly ask what will happen next
- Talks about being injured by a specific person

Sexual Abuse

- Keep secrets
- Loss of interest in previously liked activities
- Mood or appetite changes
- Shying away from a specific person
- Disengaged from friends and others
- Display of sexual knowledge beyond their years

Emotional Abuse

- Displays behavioral changes
- Shows delayed emotional development
- Decline in performance at school
- Appears isolated, anxious or afraid
- Disengaging socially or loss of enthusiasm
- Shows lack of attachment to parent or caregiver

For additional Child Abuse Prevention Resources or report potential abuse:

[Idaho Department of Health and Welfare](#)

Treasure Valley Family YMCA Safety & Risk Management Department:
Risk@ymcatvidaho.org

Sources: CDC, Mayo Clinic, Medical News Today